

## NEWBORN SESSION

## checklist

## **PREP FOR PARENTS** CHOOSE COMFORTABLE, NEUTRAL OUTFIT, OR PICK FROM OUR CLIENT CLOSET EAT BREAKFAST :) MOM'S MAKEUP - SLIGHTLY HEAVIER SO THAT IT SHOWS UP IN PHOTOS OPTIONAL - BRING ANY SENTIMENTAL ITEMS YOU WOULD LIKE PHOTOGRAPHED (NAMEPLATE, BLANKET, STUFFED ANIMAL, ETC. **PREP FOR BABY** ☐ MORNING BATH FEED RIGHT BEFORE HEADING TO THE STUDIO KEEP BABY AWAKE FOR 10-15 MINUTES AFTER FEEDING (IF POSSIBLE) DRESSED SIMPLY- NOTHING THAT HAS TO BE REMOVED OVER THE HEAD PREP FOR KIDS **NEUTRAL OUTFITS** SNACKS GAMES/TOYS/BOOKS SEE OUR KIDS CHECKLIST FOR MORE IDEAS THAT KIDS CAN DO THEMSELVES! **DIAPER BAG** PACIFIER DIAPERS/WIPES EXTRA BOTTLE (IF BOTTLE-FED) **EXTRA OUTFIT**